

# Belong

By Cibyl & Wonkhe



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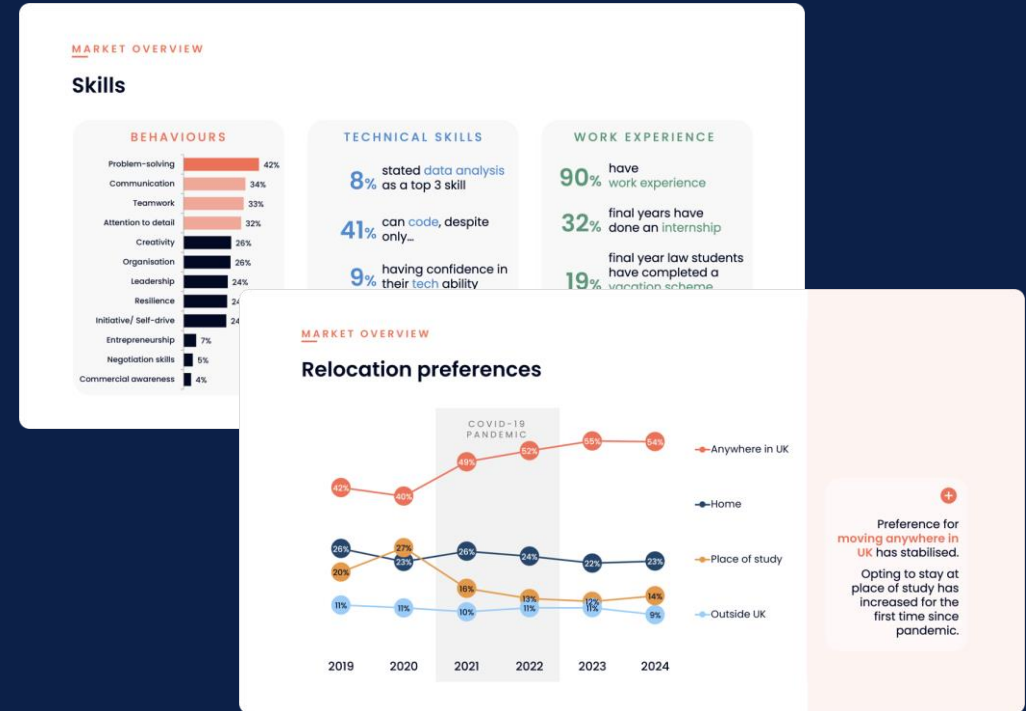


**Jim Dickinson**  
Associate Editor – Wonkhe

# cibyl

## Data-led consultancy

- Research, data, and insights for HEIs
- The Cibyl UK Graduate Study
- The Cibyl Schools Study
- The Cibyl Mental Health Study
- More information at [cibyl.com](https://cibyl.com)



By Cibyl & Wonkhe

# Cibyl: supporting Belong partners

- Surveying & fieldwork management
- Reporting & dashboarding
- Analysis & presentation of findings to HEIs



By Cibyl & Wonkhe

# Previously...

		I feel part of a community of students and staff			
		Strongly agree	Agree	Disagree	Strongly disagree
How fair has the marking and assessment been on your course?	Very fair	46%	21%	15%	10%
	Fair	49%	67%	61%	52%
	Not very fair	5%	11%	20%	22%
	Not at all fair	0%	1%	5%	16%



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# Previously...

		I feel part of a community of students and staff			
		Strongly agree	Agree	Disagree	Strongly disagree
How fair has the marking and assessment been on your course?	Fair	95%	88%	76%	62%
	Not fair	5%	12%	25%	38%

# Campus life

		All students						
		All sample	Sports	Societies	Rep'n	Media	Liberation	None
I feel part of a community of staff and students	Positive re community	78%	82%	84%	88%	94%	83%	<b>67%</b>
	Negative re community	22%	18%	16%	12%	6%	17%	<b>33%</b>



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# Only the lonely

Over the last month, how often have you felt lonely?

Daily	19%
Weekly	31%
Monthly	22%
Once/twice	12%
Never	16%



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# Food and NSS

How good are staff at explaining things?	All taught	
	No food emergency	Experienced food emergency
VERY POSITIVE NSS	33%	25%
POSITIVE	57%	57%
NEGATIVE	8%	15%
VERY NEGATIVE	1%	3%



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# Food and community

## All students

	Positive about community	Negative about community
Has experienced food emergency	14%	23%
Not experienced food emergency	82%	57%
Don't know or PNTS	4%	14%



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# Burdens

Average PT work

Average travel pw

0

3.4

1-10

4.4

11-20

6.4

21-30

7.1

31-40

7.6



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# Burdens

Average study time	Burden time
1-10	13.6
11-20	12.9
21-30	12.4
31-40	11.8

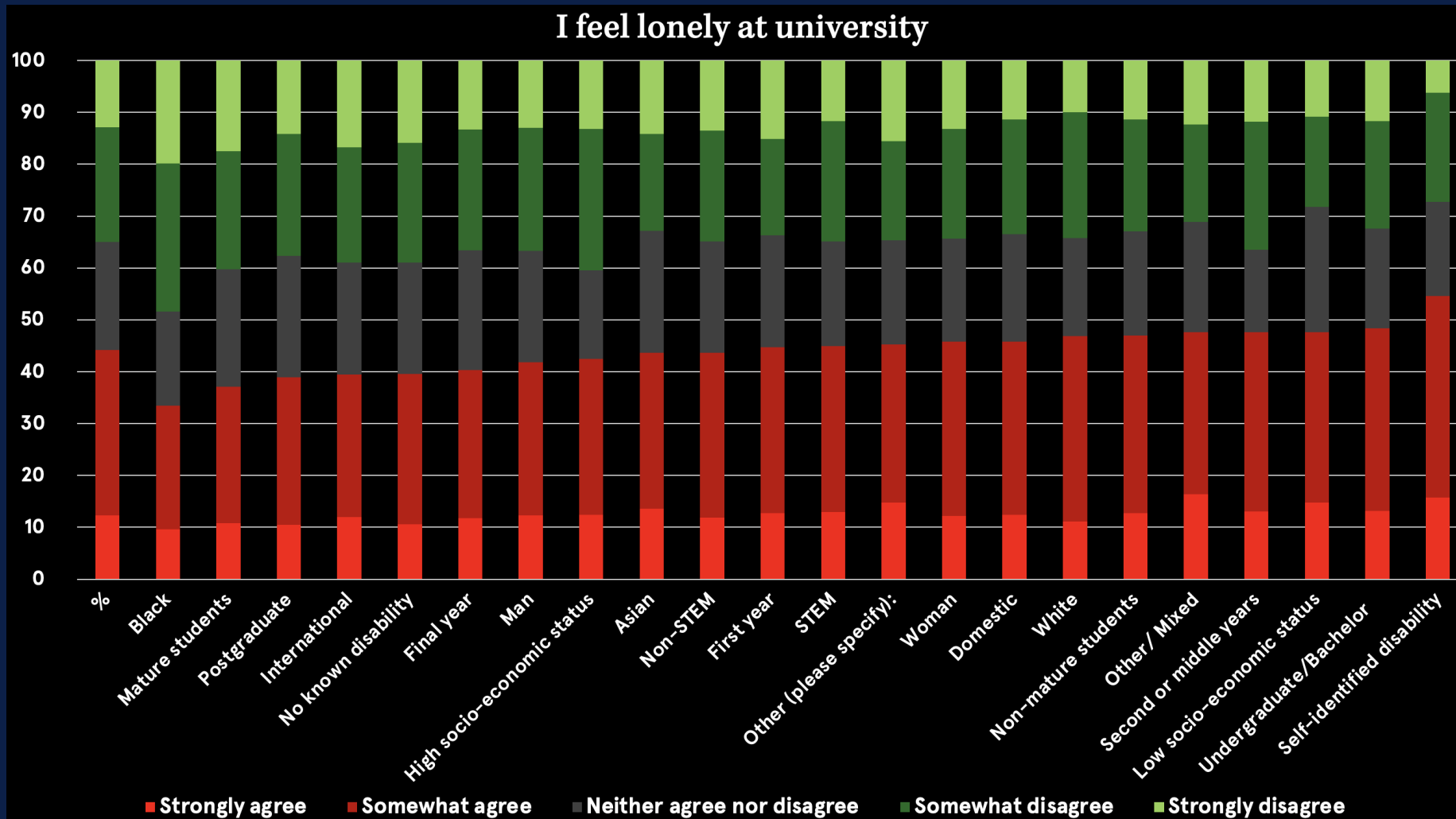
# Sleep and M/H

Hours sleep a night	Avg life satisfaction
5 - 5.9	5.8
6 - 6.9	6.2
7 - 7.9	6.5
8 - 8.9	6.9

# Who's happy with support?

	Has friends on course	Has friends, no course friends	No friends
Happy with support	83.9%	76.9%	56.3%
Not happy with support	16.1%	23.1%	43.8%

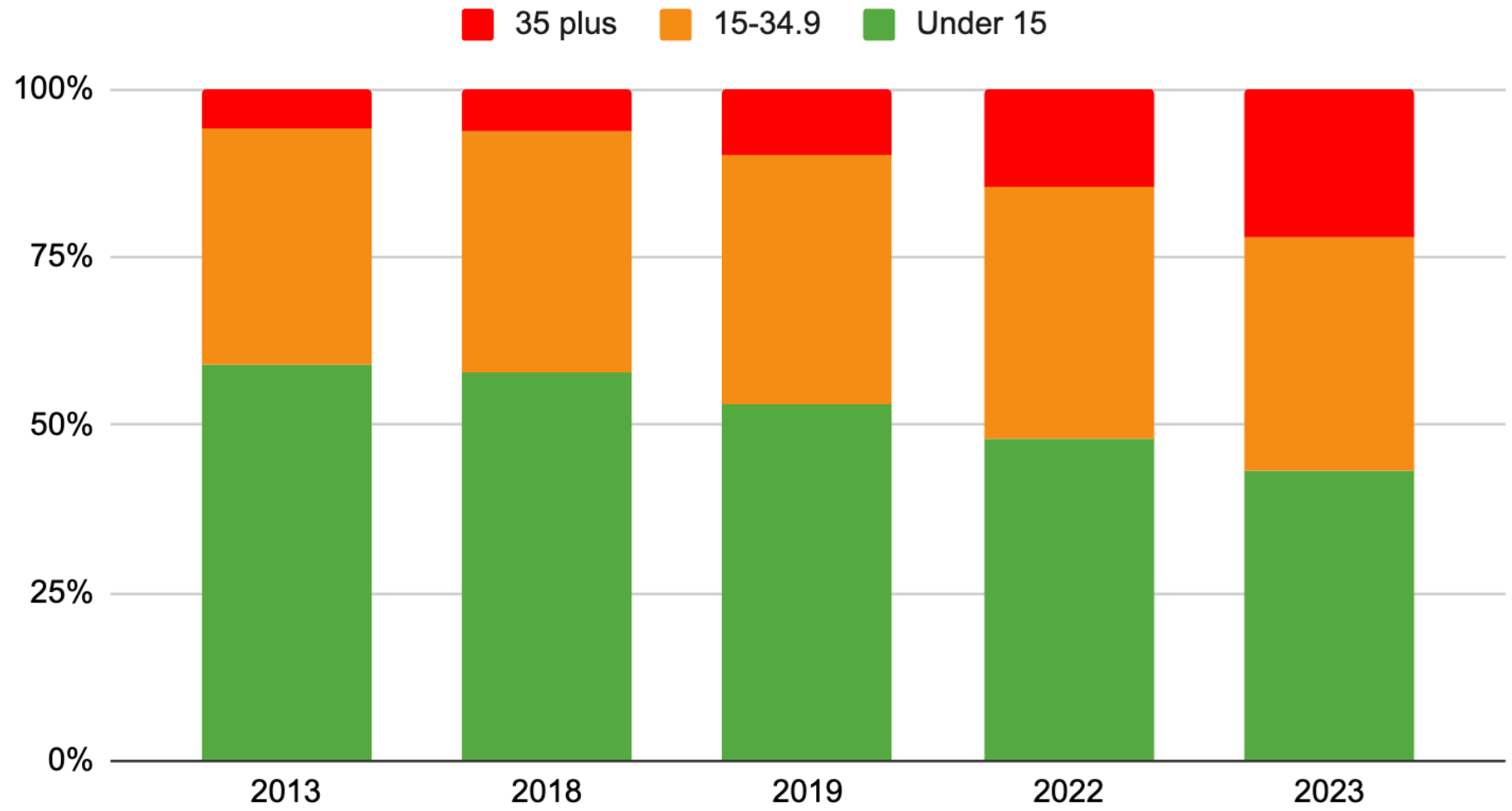
# Who's lonely?



# Belong

- Partnership between Cibyl/GTI, Wonkhe and students' unions
- Free to take part and generates local as well as national data
- Core NSS / MH / SE questions, plus key themes in each wave
  - Academic experience, free speech, belonging, time, housing, food
- Quant as well as Qual – why are the scores the way they are?
- Circa 10k responses for relationships and splits
- This year: Work, Health and Academic Experience
- This wave: Prelim results, n=900, weighted for provider and gender
- In our (current) sample, 54 per cent working term time and a further 31 per cent are looking for a job
- 65 per cent intl at work in TT, further 28 per cent looking for a job

# Hours worked if employed, Jan-Mar, FT UG FD



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# Students at work

- Lots of research on how many are working, how many hours and so on
- But what sorts of jobs are students doing?
- Are they rewarding / helpful / educational?
- How long does it take to get to work?
- How are they treated at work?
- What sorts of impacts do their jobs have on them?
- How did they find that work?



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# Motivation

## Why did you get a job?

	%
Socialise/meet people	14%
Save for the future	38%
General work/career experience	27%
Work XP related my studies	17%
To support my family	24%
To avoid commercial debt	10%
To help pay university fees	26%
To pay bills (inc rent)	65%



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# Motivation

## Why did you get a job?

	%	Home	Internat
Socialise/meet people	14%	15%	11%
Save for the future	38%	40%	34%
General work/career experience	27%	25%	31%
Work XP related my studies	17%	18%	18%
To support my family	24%	20%	<b>32%</b>
To avoid commercial debt	10%	11%	10%
To help pay university fees	26%	23%	<b>30%</b>
To pay bills (inc rent)	<b>65%</b>	<b>61%</b>	<b>61%</b>



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# Hours

How many hours a week do you work during term time?

	%	Home	Intl
1-15	52%	50%	45%
16-35	40%	29%	49%
35+	8%	11%	7%

# Hours

How many hours a week do you work during term time?

		ABC1	C2DE
1-15		73%	29%
16-35		17%	53%
35+		10%	18%

# Nature of work

Which sector main/primary job	
	%
Health and social care	14%
Retail	19%
Hospitality	20%
Manufacturing	2%
Food processing	2%
Business admin and support	4%
Education	15%
IT and Communications	3%
Arts, Entertainment and Recreation	5%

# Nature of work

Which sector main/primary job			
	%	Home	Internat
Health and social care	14%	12%	<b>19%</b>
Retail	19%	<b>20%</b>	16%
Hospitality	20%	<b>23%</b>	13%
Manufacturing	2%	1%	5%
Food processing	2%	0%	<b>6%</b>
Business admin and support	4%	4%	6%
Education	15%	15%	15%
IT and Communications	3%	1%	7%
Arts, Entertainment and Recreation	5%	7%	1%

# Nature of work

Which sector main/primary job			
	%	Man	Woman
Health and social care	14%	12%	<b>17%</b>
Retail	19%	20%	19%
Hospitality	20%	16%	23%
Manufacturing	2%	2%	2%
Food processing	2%	1%	3%
Business admin and support	4%	6%	3%
Education	15%	11%	18%
IT and Communications	3%	7%	1%
Arts, Entertainment and Recreation	5%	7%	3%



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# Time travellers

What is your average travel to work time?

	From home		From campus	
	Home	Intl	Home	Intl
0 minutes (work there)	10%	11%	16%	14%
1-30 mins	53%	47%	32%	34%
31-60 mins	23%	24%	27%	22%
61-90 mins	10%	12%	17%	19%
91+ mins	3%	6%	9%	11%

# Students at work

## How did you find the job?

- Other (please state) 18%
- Careers/job boards 14%
- Agencies 10%
- Employer websites 35%
- Friends and family 23%



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# Students at work

Do would you/have you responded when costs increase?

- Reduce on non-essentials 52%
- Reduce on food, bills, or rent 32%
- Work more than one job 29%
- Working more hours than usual 47%
- Look for a job or a promotion 20%

# Students at work

What type of contract do you have?

- Zero hours 43%
- Fixed hours 48%
- Freelance/self-employed 09%

# Does it fit together?

To what extent do you agree with the following statements		
	Home/No	Intl/No
Timetable allows me to work	29%	26%
General academic demands allow me to work	29%	29%
Wider student life expectations allow me to work	41%	47%



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# Knackered

How tiring would you say your job is?			
	Very	Some	Not
Mentally/emotionally	<b>35%</b>	50%	15%
Physically	<b>28%</b>	49%	23%



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# Treatment

How well would you say you are treated at work?

	Home		Intl	
	Well	Badly	Well	Badly
By my employer	91%	9%	90%	10%
By my colleagues	92%	8%	86%	<b>14%</b>
By customers/clients	86%	<b>14%</b>	88%	<b>12%</b>



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# Rights at work

To what extent are the following true?

	Always/Often	Sometimes	Rarely/never
I am given a payslip	89%	3%	8%
I have to undertake unpaid extra work	9%	16%	74%
Wages are paid cash-in-hand to avoid taxation	5%	3%	92%
Discrimination / harassment mgrs/supervisors	9%	10%	80%
Discrimination / harassment clients/customers	9%	15%	76%
Discrimination / harassment from colleagues	<b>12%</b>	10%	79%
Unfairly threatened with dismissal	6%	10%	85%
Unfairly threatened with disciplinary action	5%	12%	82%
I experience accidents/injuries at work	4%	8%	87%
The work am I doing is rewarding	60%	14%	<b>26%</b>
The work helps me build skills for the future	57%	27%	<b>17%</b>



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# Rights at work

To what extent are the following true?

	Always/Often	Sometimes	Rarely/never
I am given a payslip	83%	3%	<b>14%</b>
I have to undertake unpaid extra work	<b>14%</b>	12%	73%
Wages are paid cash-in-hand to avoid taxation	7%	3%	90%
Discrimination / harassment mgrs/supervisors	9%	7%	84%
Discrimination / harassment clients/customers	<b>12%</b>	14%	74%
Discrimination / harassment from colleagues	<b>10%</b>	10%	80%
Unfairly threatened with dismissal	5%	6%	88%
Unfairly threatened with disciplinary action	6%	7%	87%
I experience accidents/injuries at work	6%	12%	82%
The work am I doing is rewarding	<b>56%</b>	23%	21%
The work helps me build skills for the future	62%	19%	<b>19%</b>



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# What would help?

## Flexibility

- Get timetables out earlier so people can plan their work. Don't cancel or move lectures once agreed
- More flexible timetables
- Deadlines for assignments for the evening, not 12 noon
- Sick of frequent timetable changes
- Impossible to plan work and makes me look unprofessional, so I get less shifts



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# What would help?

## Cost of living support

- Financial subsidies (meals, travel allowance...)
- Offer help such as free essentials once a month or money off a food shop.
- The prices of food at campus are ridiculous
- Lobby government to grant full-time students NI credits... we cannot achieve 'paid-up' status for our years at uni.
- It costs money to travel... Would be good to have travel costs paid for by the uni or have some kind of travel card.



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# What would help?

## Help with coping and juggling

- mental health events for people struggling to balance work and studies,
- how to cope better with both studying and working at the same time
- events, such as shut up and write sessions to make up for time spent working
- Make it worth coming to campus by putting support sessions between classes



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# What would help?

## Better timetabling

- Create consistent timetables,
- more repetitive timetables to allow time for work
- fewer university days
- make university days only 3 days a week
- What's the point of one lecture which is only 1 hour long it's frustrating



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# What would help?

## Understanding interaction

- Clearer communication with employers and academic
- work passport... to support appropriate workplace adjustments to support learning
- I'm made to feel like I've done something wrong by working all night by PAT
- encouraging [employers to support students], as although it is a full-time degree... can still do both
- Not to be told I shouldn't be working anyway



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# What would help?

## Employment on campus

- More accessible, on-campus roles.
- Make more jobs available with the university as they pay fairly and working conditions are always good
- Better career options within the students' union... outside of hospitality and elected student officials
- Cleaning jobs on campus not food jobs in factories



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# cibyl

## Work with us

### **The Belong project**

- For SUs
- Partnership model
- Invite students to survey, receive insights

### **The Cibyl Mental Health Study**

- For any HEI team working to improve students' mental health
- Surveying, reporting, and insight on your students

### **The UK Graduate Study**

- Partnership model with careers services
- Careers services distribute surveys, receive insights from Cibyl

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# Grab the slides



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